Michael R. Pence, Governor
State of Indiana

Division of Disability and Rehabilitative Services
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CIH Implementation Subcommittee Meeting Minutes

Date/Time: April 14, 2016 10:00am - 3:00pm

Place: Indiana Mentor
8925 N Meridian Street
Suite # 200
Indianapolis, IN 46260

Attendees:

Teresa Grossi – Subcommittee Chair Center on Community Living and Careers	Janet Dieterly Bona Vista Programs – Board Member/Parent
Cathy Robinson BDDS	Jill Dunn Bona Vista Programs, Inc.
Kemberly Dailey- Johnson LifeDesigns	Mark Robinson BDDS
Joy Greeney Advocacy Links, LLC.	Jeff Frady Indiana Mentor
Kelly Barnett Arc of Evansville	Kelly Kaufman BDDS
Sabra Burnett Make a Difference…everyday	Kylee Hope DDRS
Bethany Jasper Four Rivers Resources	Clint Bolser Logan Community Resources, Inc.
Kimberly Woods BDDS	Kylee Hope DDRS
Joe Kowalski The Mentor Network	Thom Hayes BDDS

Topics

➢ Update from Cost Analysis & Policy Meetings – Cathy Robinson
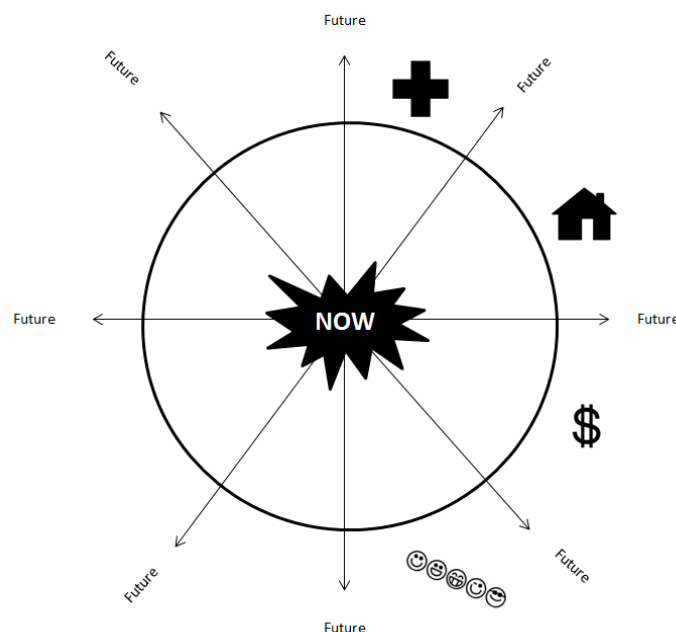
- Review of Resource Packet
  - Individual Family Service Plan (IFSP)
  - Individual Support Plan (ISP)
    - Blank
    - Example #1
    - Example #2
  - Individualized Education Program (IEP)
    - Example #1
    - Example #2
  - Person-centered planning (PCP)
    - Advocare instructions
    - Advocare PCP
    - MAP PCP
  - Person Centered Planning Guidelines
  - Employment Guide to Planning
  - CMCO Recommendations: Quarterly Review Process
  - Examples from other states

- Documentation of Services - Discussion
  - Individual Support Plan (ISP)
    - Continuous training
    - Ongoing communications & messaging
    - Standardized training for Qualified Intellectual Disabilities Professional (QDIP) & Direct Service Providers (DSP)
      - Communications should include videos & pictures
      - Keep it easy, manageable, visually attractive and mirror person-centered planning thinking
      - Conduct beta testing
      - Identify a process to reduce separate documentation
  - Philosophy
    - Person-centered thinking & person first
    - Family first for those individuals with high needs/non-verbal
    - Systems centered
    - Community centered
    - Emergency planning
  - The "Why". What is person-centered thinking?
    - Training includes all stakeholders including self-advocates & families
    - Employment: It is bigger than just a job; it involves learning skills that will eventually get the individual to the point where employment is a possibility
      - Skills development

- Skills acquisition
- Activities leading toward employment
    - Lifelong learning
        - Opportunities for experiences & growth
        - The why behind the why: defining, uncovering & probing
        - SMART Goals(Specific, Measurable, Achievable, Relevant and Timely)
        - Outcomes of person-centered process
    - Dignity with risk
        - Education & awareness for community at large
        - Daily choices: informed decision making, person centered, knowing the circumstances and understanding cultures
        - It's okay to fail and should not be held against them for the remainder of their lives. It's important to learn from mistakes and/or provide support during the difficult times
        - "We Believe" statements
            - When something risky comes up = don't shut down

➢ Person-centered planning
  o DDRS Guiding Principles – on line @ http://www.in.gov/fssa/ddrs/3341.htm
      ▪ Self-Advocacy
      ▪ Quality Integration
      ▪ Work First
      ▪ Dignified Risk
  o Group looked at an example of person-centered planning "mapping technique" and discussed process

Recommendations
- o Review person-centered guidelines and provide feedback to subcommittee chair by May 1, 2016
- o "Why" & philosophy are in guidelines
- o Consolidation of plans (PCP, ISP & CCB)
- o Standardized training for all Qualified Intellectual Disabilities Professional (QDIP) & Direct Service Providers (DSP) which includes a continuing education component
- o Develop a community of practices
- o Same "forms" and same outcome measures (National Core Indicators)
- o Utilizing technology to drive appropriate components of the ISP development (i.e., asking age appropriate discovery questions)
- o What does the ISP look like? – Group will look at key components and provide feedback by May 1, 2016
- o Messaging
- o Unified case management system
- o Looking back at the DDRS Mission, Vision & Guiding Principles
- o Review of National Core Indicators (NCI's) – 6 subdomains
    - ▪ Relationship
    - ▪ Satisfaction
    - ▪ Choice in decision making
    - ▪ Self determination
    - ▪ Community inclusion
    - ▪ Work

Planning Ahead
- ➢ May
    - o Documentation of services & growth of progress
    - o Clinical Review Team

Task
- ➢ Subcommittee will review the Person Centered Guidelines handout and provide feedback to the subcommittee chair due by May 1, 2016
- ➢ Subcommittee will review the Individual Support Plan handout and provide feedback to the subcommittee chair due by May 1, 2016
- ➢ View and discuss movie "Of the Community" – Teresa Grossi
- ➢ Review the ISP/PCP document from Kentucky – Sabra Barnett

Next Meeting
- ➢ May 17, 2016 - 10:00AM – 3:00PM – Indiana Mentor – 8925 N Meridian Street, Suite 200, Indianapolis, IN 46260